

PERSONAL SUPPLIES

_____ Water bottle

_____ Zip lock bags – Gallon size and lunch size

_____ Off or other bug repellent

_____ Imodium or Pepto-Bismol, Tylenol, or your choice of pain reliever

_____ Pocket pack tissues

_____ Small packets of hand wipes; if you use a backpack, you may find the dispenser container of “baby wipes” handy.

_____ Tops, shirts (**NO TANK TOPS or SHORTS- See Manual**)

_____ Jeans _____ Capri’s or lightweight pants _____ Shower slip-ons

_____ Back pack _____ Light night clothes _____ Socks

_____ Athletic shoes _____ Sandals if you wish for inside the house

_____ Clothing for Sunday Eucharist (no dress shoes needed)

_____ Bandana/baseball cap/hat – *we leave these behind for the children*

_____ Bed linens - 2sheets and 1 pillowcase for twin beds – *to be left behind*

_____ One bath towel and washcloth – *to be left behind*

_____ Work Gloves – *to be left behind*

*****Please do not bring any electronic devices such as laptops or cell phones. This is a mission experience and we ask that you enter into this opportunity free of technology.**

MISSION SUPPLIES

It is recommended that you bring some of the following. These can be collected new or used from friends, family or co-workers. It is a great way to raise mission awareness.

CHECK LIST

- _____Pencils, colored pencils, pens, white and colored bond paper
- _____Colored markers, thick and thin, **NOT** permanent
- _____Masking Tape and small bottles of glue
- _____Card games, puzzles, legos and other games
- _____Different size balls, i.e. soccer balls, beach balls etc.
- _____Arts and crafts items such as string, scissors with rounded tips, beads, tissue paper, popsicle sticks, styrofoam, etc.
- _____Educational supplies in Spanish: books, activities, maps, etc.
- _____“Prizes” for children to encourage cooperation **NOT** competition
i.e. bubbles, jump ropes, jacks, marbles, etc.

Important note:

Personal gifts are not given when we are on mission. (This protects all families and all programs). Part of the PFI Vision is that we support the children’s education or their food program. The PFI leader is in a position to know how to distribute your additional help. PLEASE ASK HER.